



## Testimonials

*Note: We have not included names for those with whom we have non-disclosure agreements.*

### 1. From Head Clinician of a World-Renowned Sports Institute & Elite Training Academy in USA:

Hello All,

I am truly amazed at the results that eToims® has produced over the short time that we have used it in the athletic training room. I spent last weekend here at the academy with Dr. Chu and Justin learning all about eToims® and using it on our athletes. I have used it on everyone from professional tennis and baseball players to the pre NFL combine athletes as well as the academy athletes. Everyone has seen immediate results whether it is in pain relief or increased range of motion.

To give you a basic understanding of what this device does is doing it an injustice but for the sake of explaining it in terms that everyone can appreciate I will do my best. It leaves the athlete feeling like they just got a massage. They feel more flexible all over, they generally feel better and feel like they are lighter on their feet. The difference is that they are leaving the treatment having made progress. Unlike a massage that only reaches superficial layers of muscle tissue an eToims® treatment reaches deeper into the layers of muscle tissue that surround the nerves and blood supply, something that even the strongest massage therapist can't accomplish. What it does is allow the muscle to begin functioning better with increased blood flow. In terms of an injury a muscle that has more blood flow is going to heal faster. In terms of performance a muscle that is functioning better is going to perform better. In the athletic training and physical therapy setting we traditionally use electric stimulation to help with pain control, again this only reaches the tissue layers at a superficial layer, successfully creating a stimulus that temporarily tricks the nerves into calming down, thus creating a decrease in pain. Again a very temporary treatment that ultimately does not produce any results.

In this short time we have had athletes get on the table before a treatment with a "sore" shoulder or hamstring and after a 30-40 minute treatment feel remarkably better. I will put this into terms that I know from my experiences. Before working at the academy I worked in professional baseball organization, when we had a pitcher come up with shoulder "soreness" we shut them down from throwing, started them on anti inflammatories and only put ice and electrical stimulation on there shoulder. We would do this process until they felt better with all movements during normal daily activities as well that we could not produce pain during an exam.



This could take anywhere from 5-15 days. Then they would begin the strengthening phase, then begin throwing and eventually return to play. At a minimum we are talking about 30 days on the DL. If it were possible to knock off 10 days of that process, that could be huge for a major league athlete, not to mention the organization. In tennis we are talking about the difference between a player withdrawing from a tournament or losing early because of an injury, resulting in a loss of points and possible moving down in the rankings.

I am willing to show eToims® to anyone and everyone. I think this would benefit all the athletes.

Thank you,

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Addendum: This professional US baseball pitcher got a treatment yesterday for his sore hamstrings and shoulder because he threw a bullpen on Wednesday. He got another one today after he threw another bullpen and was amazed at his increases in range of motion as well as how he felt afterwards.

## **2. eToims Medical Technology has launched a Sports Development Program with a leading Premier League Football Club in the UK. Email excerpts from team physician documenting his experience with eToims:**

Email after their most famous injured first team player received eToims treatments in Philadelphia.

“I’m glad....came along for treatment and his initial feedback was also positive. I will keep in touch with him to see how continued self-treatment is progressing alongside his continuing rehabilitation.”

- “Thanks for the helpful advice and tips...I have found the variation in settings to be quite wide in order to stimulate the characteristic twitch response but this stands to reason given variable body fat levels/limb girth etc. and differing states of neuromuscular tension depending on previous activity. I have found signs of longstanding imbalances in my anatomy that will probably take some time to resolve! Once the 'correct' setting has been achieved the stimulation is quite comfortable and this will be key to treating our players; as most do not have any pain we will be using eToims as an adjunct to post exercise recovery and restoration of 'normal' biomechanics.



In order for the treatment to be accepted it has to be comfortable first and foremost and hopefully produce the desired results without causing muscle damage by inappropriate overstimulation. Even after my limited experience thus far I can see potential in this particular area and look forward to more formal training.”

- “I have followed this protocol over the past few days with the player we began to treat when you were here. He now has antigravity movement in the lower limbs with 500us x 50mA at 1Hz and he feels very comfortable with the treatment. Right side still more responsive than Left but increasing activity noted in Gluteals and Gastrocs.”
- “I think there is a vast potential market for eToims in UK private healthcare.”

**3. Ashley Smith, B.App.Sc.(P.T), PhD(c), CPAMAG, FCAMT, CGIMS, Director & Developer of Calgary Whiplash Assessment & Diagnostic Laboratory; Physiotherapist at Tower Physio and Calgary Sport Physiotherapy**

- “I have had my first couple of days treating patients (well, trial basis - between my research patients). Outstanding results, but does take practice to become accomplished. Forgot the basics, but making 'lots' of sense now. Keep re-reading your kind 'hint' emails, which are fabulous. Think I 'get it' now in regard to providing effective treatment. Can't believe how comfortable for patients, with immediate results...”
- eToims is certainly successful in treatment of my particular caseload. I have now administered 39 treatment episodes (including friends and family) which I have documented (with outcome measures recorded). All's good.

**4. Tim Lee: Physiotherapist, Calgary, Canada**

- “The new protocol for chronic patients is working really well. Thank you again for sending this.”
- “Treatments are only covered if the patient has private health coverage (majority of patients have this but usually only partially covered).
- Average length of treatment is 30 minutes. Occasionally some are one hour if they can afford it.
- Billed as physical therapy and insurance companies will cover.



- Reimbursement from insurance is normally 80% but some insurance companies only give \$30/session
- Can treat about 10 patients in a day.
- “We are presently charging \$100 for a half hour session and \$170 for an hour session. These prices include the electrodes. These are fairly standard fees for physio for downtown Calgary”.